

February



Kindergarten Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
I SCHOOL BREAKFAST				(()))	
3rd	4th	5th	6th	7th	
Nutri-Grain Strawberry	Low Fat String	Whole Grain Poptart	Cocoa Puff	Whole Grain	Rise,
Cereal Bar with	Cheese with	Cinnamon	Cereal Bar	Cherry Frudel	
Chocolate Chip	Strawberry Yogurt	Bug Bites	Bug Bites	Fresh Banana	Shine and
Oatmeal Bites	Chex Mix	Fresh Banana	Apple Slices	Apple Juice	Eat A
Apple Slices	Apple Slices	Apple Juice	Apple Juice	Milk	
Apple Juice	Apple Juice	Milk	Milk		Healthy
Milk	Milk				Breakfast!!
10th	11th	12th	13th	14th	
Cinnamon Toast	Nutri-Grain Bar	Chocolate Chip	Whole Grain Poptart		
Crunch Cereal Bar	Strawberry	Banana Benefit Bar	Cinnamon		
Bug Bites	Teddy Grahams	Fresh Banana	Bug Bites	In Service Day	
Apple Slices	Apple Slices	Apple Juice	Apple Slices	Schools Closed	A Good
Apple Juice	Apple Juice	Milk	Apple Juice		
Milk	Milk		Milk		Breakfast
					Will Boost
17th	18th	19th	20th	21st	Your Brain
	Trix Cereal Bar	Whole Grain Bagel	Cocoa Puff	Whole Grain Poptart	and Body
	Teddy Grahams	with Sunbutter	Cereal Bar	Cinnamon	To Help
President's Day	Apple Slices	Fresh Banana	Bug Bites	Oatmeal Bite S'mores	
Schools Closed	Apple Juice	Apple Juice	Apple Slices	Fresh Banana	You Take
	Milk	Milk	Apple Juice	Apple Juice	On The
			Milk	Milk	Day!!
24th	25th	26th	27th	28th	
Oatmeal Chocolate	Nutri-Grain Apple	Whole Grain	Whole Grain Poptart	Whole Grain	
Chip Cereal Bar	Cereal Bar with	Chocolate Crescent	Frosted Fudge	Mini Cinni Roll	
Teddy Grahams	Chocolate Chip	Fresh Banana	Bug Bites	Fresh Banana	
Apple Slices	Oatmeal Bites	Apple Juice	Apple Slices	Apple Juice	
Apple Juice	Apple Slices	Milk	Apple Juice	Milk	Good L.
Milk	Apple Juice		Milk		(Morning)
	Milk				

Upper Darby School District Kindergarten Breakfast Menu - All Students Have Access to Breakfast at No Cost!!



Low Fat Milk and Fresh Fruit Offered with Every Meal Breakfast - A Great Way to Start Your Day

